

## Portland Jr. Winterhawks Anti-Bullying, Anti-Cyber Bullying and Anti-Hazing Pledge

We the Hockey players for the Portland Junior Winterhawks agree to join together to stamp out bullying, cyber bullying and hazing on our teams, at the rinks and at school.

We believe that everybody should enjoy our sport of hockey equally and also enjoy a peaceful life at home while on the Internet and feel safe, secure and accepted regardless of color, race, gender, popularity, athletic ability, intelligence, religion and nationality.

“Bullying” can be pushing, shoving, hitting, and spitting, as well as name calling, picking on, making fun of, laughing at, and excluding someone.

“Cyber bullying” is when a child, preteen or teen is tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another child, preteen or teen using the Internet, interactive and digital technologies or mobile phones.

“Hazing” is when a team mate attempts to include an individual by threatening, harassment, humiliation, teasing or embarrassing them in front of others.

Bullying, Cyber Bullying and Hazing causes pain and stress to victims and is never justified or excusable as “kids being kids”, “just teasing”, or any other rationalization. The victim is never responsible for being a target of Bullying, Cyber bullying or Hazing.

By signing this pledge, we the Hockey Players of the Portland Jr. Winterhawks agree to:

- Value player differences and treat others with respect.
- Not become involved in bullying, cyber bullying or hazing incidents or be a bully or cyber bully.
- Report honestly and immediately all incidents of bullying, cyber bullying or hazing to a coach or family member.
- Support players who have been or are subjected to bullying, cyber bullying or hazing.
- Talk to parents and coaches about concerns and issues regarding bullying, cyber bullying or hazing.
- Provide a good role model for younger players and support them if bullying, cyber bullying or hazing occurs.

Signed by: \_\_\_\_\_

Print name: \_\_\_\_\_

Date: \_\_\_\_\_